

Are YOU ready For Class???

- ➔ ALL hair pull up and away from neck, back & face
- ➔ ALL jewelry OFF-bracelets, necklaces, rings, Fit Bits dangling or hoop earrings
- ➔ Dressed safely? Leotards or Fitness clothing ONLY. NO skirts, dresses, tutus, hooded shirts, jeans or jackets.
- ➔ Socks off
- ➔ Gum and candy not permitted

In order to participate, please follow these safety guidelines. Your child will be sent back out to you for your help!